

# A|Pea|Tree Photography

## Newborn Sessions

### General Information

-A newborn session is *best* done between 5 and 18 days old

-If you are first-time mother and are breastfeeding, it's best to schedule your session at around 10 days old to ensure your milk has come in

-A typical newborn session can last anywhere from 1.5 to 4 hours

-Within a newborn session, we will utilize a large bean bag and props. I will try to accommodate items that you bring BUT will only pose baby in something safe. Please let me know ahead of time if there is something you would like to pose the baby in.

-The goal of a newborn session is to give you precious portraits of your new little one, your newborn and siblings, and family portraits.

To ensure a timely session that captures as many different poses as possible, we need a sleepy and comfortable baby! If the baby is alert or fussy the entire session, it makes it difficult to get a variety of portraits.

### Tips for a Sleepy baby:

1. Try to keep baby awake for 1-1 ½ hours prior to your session. A bath is a great way to keep them awake!
2. Feed baby as much as possible *just before* you leave the house.
3. Dress baby in clothes that are easy to remove
4. Please bring a pacifier, even if baby doesn't take one yet. This helps me soothe them.
5. Nursing moms: please avoid spicy foods the night prior to your session and please hold off on caffeine until during/after the session.

### About your Session:

-It will be over 80 degrees in my home-based studio to help the baby sleep. Dress in layers!

-Bring a book and be ready to relax!

-No cell phone photos or video photography is allowed. Please be respectful of my art.

-If your little one does not do well with their portrait session, we will reschedule for a two hour session the next day. This, however, will be at the discretion of the photographer. If you follow the guidelines/tips, your newborn portrait session should run smoothly.